

Fenbendazole Specific Dosages from Alternative Medicine Sites:

<https://healnavigator.com/> (Fenbendazole Dosing for Cancer Patients):

Basic Starter Dosage: 222 mg daily for three consecutive days, followed by four days off. This is repeated for the first few weeks to monitor tolerance.

Gradual Increase: If well-tolerated, some individuals increase the dose in increments of 222 mg, up to 2000 mg per day, under medical supervision.

High-Dose Consideration: Doses exceeding 2000 mg daily require consultation with a physician or oncology nurse to monitor liver and kidney function.

Administration: Take with food to improve absorption, as fenbendazole has poor water solubility.

Monitoring: After one month, a comprehensive metabolic panel (CMP) is recommended to check liver and kidney function. If elevated, reduce dosage.

InternationalDrugMart.com (Fenbendazole for Parasitic Infections):

Dosage Range: 225–400 mg daily for 4–5 days, repeated after a three-week break.

Protocol: A common plan involves 222 mg daily for 3–4 days, followed by a 4-day pause, then resuming for another 3 days.

Dietary Advice: Reduce simple carbs (e.g., sugars, fruits, juices, some dairy) to enhance efficacy. Probiotics like yogurt and vitamin C are suggested to support digestion and immunity.

Note: While focused on parasitic infections, this site mentions fenbendazole's use in alternative cancer protocols, which some extrapolate to other conditions.

<https://alternativemedicine.com/> (Fenbendazole for Cancer and General Use):

Standard Protocol: 222 mg daily for three days on, four days off, aligning with the “Joe Tippens Protocol” popularized for cancer.

Context: Mentions fenbendazole's potential anti-cancer effects via microtubule disruption and glucose uptake inhibition, with some users applying this to other diseases anecdotally.

Safety Note: Less than 5% of users report mild stomach discomfort at higher doses. Taking with food is emphasized to improve bioavailability.

<https://internalhealingandwellnessmd.com/> (Fenbendazole and the Ruby Protocol):

Joe Tippens Protocol: 222 mg fenbendazole daily for three days, followed by four days off, combined with:

25 mg CBD oil before bed.

600 mg curcumin twice daily with food.

250 mg milk thistle twice daily with food.

Ongoing Use: Recommends continuing the regimen even if symptoms improve, as

discontinuation may lead to recurrence of aggressive conditions.

Administration: Take with meals to enhance absorption, or sprinkle capsule contents onto food.

Additional Context from X Posts:

Joe Tippens Protocol (Widely Referenced):

Common dosage: 222 mg fenbendazole daily for three days on, four days off, often paired with 800 IU vitamin E, 600 mg curcumin, and 25 mg CBD oil.

Some users report higher doses (e.g., 444 mg for larger individuals or 1 gram daily for advanced cases), but these are anecdotal and lack clinical validation.

High-Dose Variations: One post mentions doses up to 2000 mg fenbendazole daily, alongside 2 mg/kg ivermectin and 1500 mg mebendazole, but notes variable efficacy and the need for medical oversight.

Commercial Availability: Higher-strength options (e.g., 500 mg, 888 mg, 1000 mg) are marketed online, but these are not standardized for human use.

Important Considerations:

No Viral-Specific Dosages: None of these sources provide specific dosages for viral infections in humans. The protocols are primarily for cancer or parasites, with some users speculating broader applications based on preclinical studies (e.g., fenbendazole's effect on BoHV-1 in cell cultures).

Safety Risks:

Liver Toxicity: Case reports document severe liver injury from self-administration, with normalization after discontinuation.

Other Side Effects: Mild gastrointestinal issues (diarrhea, stomach discomfort) are common, with rare cases of reversible pancytopenia or neurologic signs at high doses.

Drug Interactions: Fenbendazole may interact with medications metabolized by the liver (e.g., via CYP2J2 and CYP2C19 enzymes).

Lack of Clinical Evidence: The European Medicines Agency notes fenbendazole is well-tolerated in humans at single doses up to 2000 mg or 500 mg daily for 10 days, but long-term safety data is absent. No studies confirm its efficacy for viral infections in humans.

Regulatory Status: Fenbendazole is a veterinary drug, and its human use is off-label, often driven by anecdotal success stories like Joe Tippens' cancer recovery.

Recommendation:

The dosages listed (e.g., 222–400 mg daily for 3–5 days, with pauses, or up to 2000 mg under supervision) are from alternative medicine sites focused on cancer or parasites, not viruses. Extrapolating these to viral infections is speculative and risky due to the lack of human data. For viral infections, rely on FDA-approved antivirals specific to the virus (e.g., remdesivir for SARS-CoV-2, acyclovir for herpesviruses). If exploring fenbendazole, work with a healthcare provider

to monitor liver function, kidney health, and potential interactions, and avoid self-dosing based on unverified online protocols.

<https://www.merck-animal-health-usa.com/safe-guard/goats/safe-guard-for-goats>